

Start Yachting Syllabus

This course provides a short introduction to sail cruising for novices. By the end of the course, students will have experienced steering a yacht, sail handling, ropework and be aware of safety on board.

1. The Yacht

- Basic Knowledge of sea terms, parts of a boat, her rigging and sails

2. Ropework

- Ability to tie the following knots: figure of eight, round turn and two half hitches, bowline

3. Underway

- Has experienced sailing a yacht on all points of sail
- Can steer a yacht under sail or power

4. Rules of the road

- Can keep an efficient look out at sea

5. Meteorology

- Knows where to obtain a weather forecast

6. Man overboard recovery

- Understands the action to be taken to recover a man overboard

7. Clothing and equipment

- Understands and complies with the rules for the wearing of safety harnesses', lifejackets and personal buoyancy aids

8. Emergency equipment and precautions

- Is aware of hazards on board a yacht
- Knows the action to be taken in the event of an emergency